

Faculty of Humanities
DU - MA Semester - 3 Regular Winter-2025

Yoga							
Date	Day	Start Time	End Time	Duration (min.)	Code	Course	Exam Type
27-01-2026	Tuesday	09:30 AM	12:00 PM	150	2216YG301	Upnishads & Sankhya Darshan	Theory
28-01-2026	Wednesday	09:30 AM	12:00 PM	150	2216YG302	Yoga : Classical Text & Practices - III	Theory
29-01-2026	Thursday	09:30 AM	12:00 PM	150	2216YG303	Health Concept & Ayurved	Theory
30-01-2026	Friday	09:30 AM	12:00 PM	150	2216YG304	Yoga Psychology	Theory

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Darshan University